

Expression through Creativity



There is nothing more satisfying and fulfilling for children than to be able to express themselves openly and without judgment and being creative is a great way for them to do this. Allowing children to be creative, whether it be through arts and crafts or by creative play, allows them to experience ways to express themselves and understand their feelings.

The ability to be creative, lets children draw from their personal feelings and experiences and this is important as it can reflect and nurture children's emotional health and foster their mental growth by providing opportunities for trying out new ideas, new ways of thinking and problem solving. The experiences children have during their first years of life can significantly enhance the development of their creativity.

Creative activities help acknowledge and celebrate children's uniqueness and diversity as well as offer excellent opportunities to personalise our teaching and focus on each child.

One of the most important types of creative activity for young children is creative play. Creative play is expressed when children use familiar materials in a new or unusual way, and when children engage in role-play and imaginative play, it reinforces their creative spirit and nourishes a child's imagination. Play is a serious business for young children and the opportunity to play freely is vital to their healthy development.

Creative activities help to spark your child's natural curiosity and create their own journey of exploration, discovery, and developments and what is more, it is great fun!

Creative Activities to support your child.

There are many activities to help support your child's natural flare for curiosity from getting the paints and chinks out to dressing up and role playing your favourite story together. Why not make masks together to add to your role-play or dens in the living room to play dinosaurs in. Whatever activities you choose, whether it be to play along with your child or independent play, will inevitably allow your child's learning to flourish.